



## DERMOT EARLEY YOUTH LEADERSHIP INITIATIVE

The DEYLI is now looking for interested clubs/individuals across the island of Ireland to get involved with the programme. This is an opportunity for your club to get involved in a programme that is proven to make a real difference to young people's lives

### About the Initiative:

DEYLI takes its name from one of Ireland's most inspirational leaders and one of Gaelic games most iconic proponents, Dermot Earley (1948- 2010). The initiative, a tribute to Dermot's lifetime of sporting and professional achievements and his commitment to community service, is brought to life through a partnership between GAA, Foróige, and NUI Galway. The programme empowers young people to enhance their leadership capabilities to better enable them to reach their full potential and have a positive impact on the world around them.

DEYLI has seen over 1,000 young GAA members (aged 15-18) complete the yearlong programme, gaining from NUIG a FETAC level 6 third level qualification in Youth Leadership and Community Action for their efforts. This unique programme evokes and honours the values Dermot Earley epitomised and is designed to foster them in a new generation of young Irish leaders. The programme comprises of three modules, two of which are facilitated, and one is undertaken by the young people independently (see FAQ for further information).

### How to get involved:

If your club is interested, the club will need to nominate two club members to support the delivery of the DEYLI within the club. DEYLI facilitators will receive full training and ongoing support. The programme asks for a minimum of two facilitators to run the programme with a group of approx. 15 young people in within their club. The programme comprises of three modules, two of which are facilitated, and one is undertaken by the young people independently. Each of the facilitated modules comprise of 15 one-hour sessions. How the programme is delivered is up to the facilitators. It can be run weekly or can be done in a block of a few sessions at a time. If you are interested and have nominated two tutors, please complete [DEYL Tutor Training Registration Form](#)

Should you have any queries you can contact Blánaid Carney Community & Health Co-ordinator [blanaid.carney@gaa.ie](mailto:blanaid.carney@gaa.ie)

## Don't Forget to Follow us on Twitter

GAA Community & Health have recently launched our new Twitter group to follow us our Twitter handle is @GAACommunity.

Our Tweets will alert followers to upcoming Community & Health national activities, share live event updates and news and stories from GAA clubs and groups Twitter handles



## GAA 'Your Game, Your Brain'

'Your Game, Your Brain' is a new campaign designed to increase awareness amongst athletes of the impact of alcohol on a still developing adolescent brain. It is driven by the GAA's Community & Health department as part of the Association's long-standing work in the field of health promotion through sport. The campaign is funded by the Tomar Trust a philanthropic trust that seeks to support the development of resilient young people and address some of the big issues facing Ireland today by investing in solutions to solve them and supported by the HSE's AskAboutAlcohol.ie information website.

A steering group including representation from the Local and Regional Drug & Alcohol Task Forces network, Alcohol Forum Ireland, and Planet Youth Ireland project advised the GAA's Community & Health department throughout the development of the 'Your Game, Your Brain' campaign.

As part of the 'Your Game, Your Brain' campaign all units within the Gaelic Games family are encouraged to ensure that they have an up-to-date Substance Use policy in place – see here for more details: [GAA Substance Use Club Policy - Template](#)

The target audiences for 'Your Game, Your Brain' are: **1)** young athletes with still developing brains; **2)** sports coaches; **3)** parents of young athletes

For more information on 'Your Game, Your Brain' or to access the campaign assets for your club go to: <https://www.gaa.ie/my-gaa/community-and-health/substance-use-gambling-awareness/>

For further information on how alcohol affects your health and wellbeing visit: [www.askaboutalcohol.ie](http://www.askaboutalcohol.ie)



Click on image above to view 'Your Game, Your Brain' digital Social Media Beep Test

---

## Suicide Prevention Training

### HSE National Office for Suicide Prevention – CONNECTING FOR LIFE

NOSP - Connecting for Life sets out a vision of an Ireland where fewer lives are lost through suicide, and where communities and individuals are empowered to improve their mental health and wellbeing. To find out more about training in your area click [HERE](#)

### HSC/PHA – Protect Life 2 Strategy – Mental Emotional Wellbeing & Suicide Prevention Training

Protect Life 2 is a long-term strategy for reducing suicides and the incidence of self-harm. Each Trust area has a Protect Life Co-ordinator working in partnership across agencies to co-ordinate suicide prevention initiatives and the community response to suicide. [Protect Life 2 Link to Info HERE](#)

HSC/PHA – Minding Your Head offer advice, support and training on a range of issues that can have an impact on mental health. To find out more about training in your area click [HERE](#)

